



CEREBRAL PALSY ASSOCIATION OF BRITISH COLUMBIA

“Life Without Limits”

ANNUAL GENERAL MEETING SEPTEMBER 12, 2013

1. Message from the President
2. Words from the Executive Director
3. Words from Former Family and Individual Support Worker
4. Financial Summary Report
5. Donors, Supporters and Volunteers

MESSAGE FROM THE PRESIDENT

Dear CPABC Members,

It is hard to believe that it has been already a year since I assumed the Presidency of our Association. It just seems like yesterday when we presented the 4Rs Strategic Plan to you. I am proud to say that we are on-track with our implementation of the 4Rs strategic Plan. Here is a quick re-cap of what happened in 2012-2013:

• To Revitalize

- We have recruited new board members during the year. I would like to thank Phil Der, Kelvin Tse, Tim Ing and Susanne Raab for coming on board!
- We have promoted Feri to be our Executive Director. We are very excited to see her leadership in her new role. We also have hired 4 new staff: Sandeep Gill (September Coordinator), Christina Chen (Community Outreach Assistant), Fiona York (Director of Development) and Saba Alam (Resource and Community Outreach Worker).
- With the help of Susanne, we have started looking into our by-laws to make the governance of our association stronger.

• To Reach

- We have converted the Roundtable into an e-newsletter for more timely newsletter launches.
- We have adopted the *"Life Without Limits"* tagline.
- We held two successful *"Life Without Limits"* Connection series to connect with you.
- We launched the CPABC new website.

• To Raise

- We held the successful World CP Challenge in 2012; 159 participants on 42 teams logged enough steps to walk the diameter of the earth raising \$20,000 for CPABC!

• To Reach

- We granted 5 scholarships to students with CP to assist them in their post-secondary education.
- We granted camp subsidies to 9 recipients living with CP.
- We worked around launching the dance and yoga program.

I would like to thank my fellow Board members, the CPABC staff, and volunteers for their hard work and perseverance in implementing our Strategic Plan. Special thanks to our donors for their on-going support and belief in our Association's mission.

There is still a lot of work ahead of us in the coming year. Together we can do it!

Don't stop believing!

Andy Yu, CA



WORDS FROM THE EXECUTIVE DIRECTOR

I would like to acknowledge and thank all supporters, donors, Board of Directors, members, volunteers, and staff of the Cerebral Palsy Association of BC (CPABC) for supporting this organization and the work we do. You made a significant difference in the lives of people with Cerebral Palsy over the past year and that is priceless!

Over the past year there have been substantial changes as per the following:

1. A consulting agreement was made with the Cerebral Palsy Association of Alberta (CPAA) on matters related to the management, resource development and programs of the CPABC. I would like to thank Janice Bushfield, Executive Director of CPAA, for her expertise and contribution to this important undertaking.

2. The Strategic Planning was launched in late fall 2012 to ensure an accountable infrastructure is in place for the next three years and it is aimed to grow our influence and increase our services for our membership.

3. We downsized office space by almost 40% by moving to a new smaller suite in the same building in fall 2012. The new small and bright office has enabled us to save on overhead cost while still staying at our accessible downtown office.

4. In winter 2012, the Board engaged an external consultant (Jim Watson) to assist with Board Development. I would like to extend my appreciation and regards to him for this valuable work.

5. The CPABC attended CP in Motion conference and workshops in spring 2013. The focus of the conference was on recent advances in applied therapies for children with Cerebral Palsy. This led us to start collaboration between research organizations like NeuroDevNet and CP Associations across Canada. Our hope is to develop a hub for better advocacy around inclusion for people with CP and the disabled community and networking, sharing information, resources, and research updates.

6. CPABC is proud to be a supporter of World CP

Day. World CP Day will be on October 2, 2013, and we are very excited to present a challenge to all of you. Do you have an idea that can change the world for someone living with CP? World CP Day is a chance for you to introduce an innovative idea that can help someone living with CP, and have it come to life! Post your idea onto the World Cerebral Palsy Day website as a video or text that can be viewed or read in one minute. Spread the word and encourage your family and friends to also take part and submit their own ideas!

7. We continue to be an international affiliate of United Cerebral Palsy (UCP) to promote the organization globally and to build on knowledge and stay current with research, medical information and technology that impact people with CP.

Some of the changes can be challenging, but also bring new energy and ideas which help move the CPABC forward.

I would like to thank CPABC staff again for providing compassionate, sensitive, and important services within a busy and resource challenged environment and for helping to create a Life Without Limits for people with disabilities.

It is an exciting time and I am glad to be part the development at the CPABC. I look forward to continuing the work of the Association, to providing support, education and information to our Members and others.

Dream Big!

Feri Dehdar



WORDS FROM FORMER FAMILY AND INDIVIDUAL SUPPORT WORKER

This year has been another great year for the Family and Individual Support Program at CPABC. I stepped into the role in October and have loved getting to know the CP community in British Columbia. This aspect of CPABC's services is going strong and we continue to offer family support, advocacy and bringing awareness to the community about Cerebral Palsy.

Throughout this year we have received over 288 inquiries from around British Columbia and other parts of the world. We received requests for information all the way from India, Nepal, Pakistan and the United States. Inquiries ranged from questions about our association, to the definition of Cerebral Palsy, to assistance with housing and employment questions.

With our new tagline "*Life Without Limits*", the support worker position is taking on that attitude and remaining involved and supportive of our members and the community. I was able to represent CPABC at two IEP (Individual Education Plan) meetings at various schools to give resources to families within the school system. CPABC was also represented at multiple fairs this year. This included the Diversity Health Fair, Burnaby Central Secondary's Transition Fair and an Early Years Fair, just to name a few. This is one of my personal favorites of the job – not only is it an opportunity to meet families but also connect with other agencies in the community. CPABC was represented in Vancouver, North Vancouver, Surrey,

Burnaby, Langley, and Abbotsford.

In other news we welcomed our intern-turned-staff, Christina Chen. Christina has been working as a Community Outreach Assistant; she has been creating relationships with our members and getting out in the community. Christina is a valuable team member here at CPABC and has been working on interviewing members to hear their inspiring stories. This is something she is inspired to do not only as a staff member but a person with CP herself. She has a passion for our members on a personal level that adds to her passion for her work.

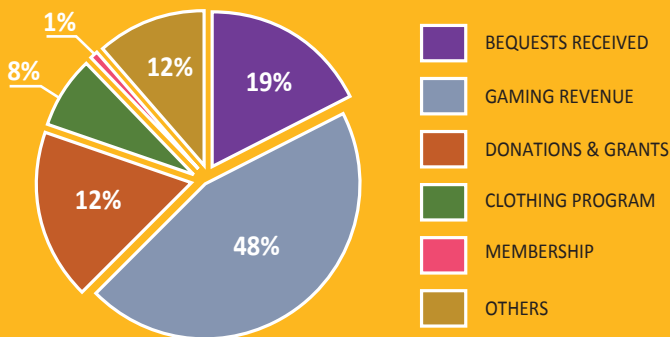
This coming year is going to be an exciting one for CPABC. With the launching of our new yoga and dance programs, the Resource and Community Outreach Program is going to be able to reach more families and be in touch on a weekly basis with our member base. This is an exciting time for the association and we look forward to serving our members and community in the next year!

Deirdre Stevens

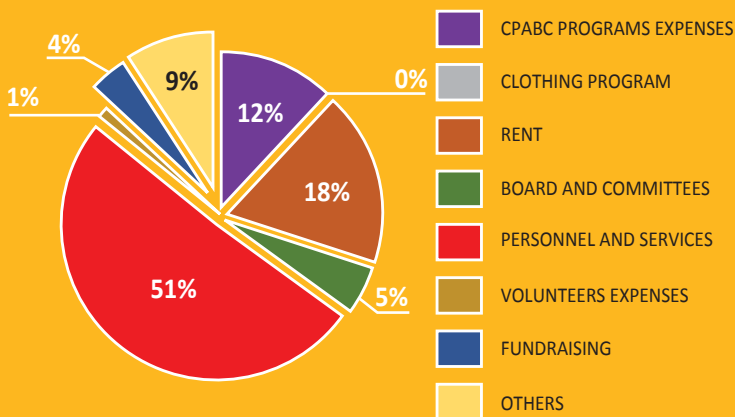


2012-2013 FINANCIAL SUMMARY REPORT

REVENUE :
\$231,665



EXPENSES :
\$175,379



* COMPLETE FINANCIAL STATEMENTS AVAILABLE UPON REQUEST

THANK YOU TO OUTGOING STAFF!

The CPABC would like to thank outgoing staff members Ian Bushfield (*Director of Development*), Deirdre Stevens (*Family and Individual Support Worker*), and Inderjit Kaur (*Office Admin Assistant*) for their hard work and dedication across the Association. You will be missed!

CPABC STAFF

Feri Dehdar, *Executive Director*
 Fiona York, *Director of Development*
 Saba Alam, *Resource and Community Outreach Worker*
 Christina Chen, *Community Outreach Assistant*
 Sandeep Gill, *September Coordinator*

CPABC BOARD MEMBERS

Andy Yu, *President*
 Craig Langston, *Vice President*
 Phil Der, *Treasurer*
 Carol Stinson, *Secretary*
 Susanne Raab
 Kelvin Tse
 Ronald Blackmore
 Trish Mckay
 Leslie Ebl
 Terreane Derrick
 Jonn Olldym
 Tony Kruse
 Tim Ing

DONORS, SUPPORTERS AND VOLUNTEERS

A SINCERE THANK YOU TO THE FOLLOWING DONORS AND SUPPORTERS OF THE CPABC

Amy Y. Liu	Kit & Sarah Deah	Manpreet Viridi	Robert Shipley	Doug Alward
Nellie & Terry Wong	Kylie-Ann Forbes	Thomas Klinko	Philip Isaac	Cheryl A. Flores
Derek Isobe	Charles & Sheridan Minter	Tommy Mar	John W. McManus	April Hashimoto
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Lohn Foundation
Burnaby Lougheed Lions Club
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Billy Bishop 176 Royal Canadian Legion
Suncor Energy Foundation
Wawanesa
The Hamber Foundation
RCABC Guarantee Corp.

Provincial Employees Community Services Fund
South Coast Plumbing & Heating Ltd.
Donald J. Renaud Law Corporation
Team TELUS Cares
Haebler Construction
The Kinsmen Foundation of BC & Yukon
Community Integration Services Society
Fresh Tracks (Canada) Inc.
Can-Ital Ladies Society

THANK YOU TO OUR DEDICATED VOLUNTEERS ..

Jamal & Zainab Adel	Shana Martinson
Jeanne Morton	Sam Riesco
Manpreet Viridi	Shirin Chawla
Steve Williams	Hadas Levy
Sharron Ho	Cheryl Lane
Fiona York	Athena Sheng
Inderjit Kaur	Tony Yu
Christina Chen	Wesley Kong
Nandik Patel	John Oliver Secondary School Students

A SPECIAL THANK YOU TO ..

Darcy Marquardt, Olympian Rower and 2012 Silver Medalist for being our spokesperson and helping make September 2013 a success!



This September, get active with an exciting 4 week team activity that will improve your health and wellbeing. Perfect for co-workers, school classes and friends & family, it's something everyone can enjoy!

www.steptember.ca/cpabc

