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The Corporation of the City of North Vancouver The Corporation of the District of North Vancouver The Corporation of District of West Vancouver Province of BC - Community Gaming

Life Without Limits Programs and Services:

Educational Bursaries Campership Subsidies Adaptive Yoga for Youth Adaptive Dance for Children Equipment Assistive Devices Subsidies Advocacy, Resource and Community Support Community Connections Series "Guide to CP" booklet and "Living With CP Manual Speakers Bureau Roundtable e-Newsletter

CPABC Dedicated Volunteers CPABC STAFF

Mehrnoush Izadi Jamal & Zainab Adel Madi Kennedy Jeanne Morton Manpreet Virdi Mabelle Moon Steve Williams Ysabel Ortiz Fiona York Ken Bayfield Nandik Patel Dan Chalcraft Olesia Kornienko Shana Martinson

Steve Hoffman

George Pope

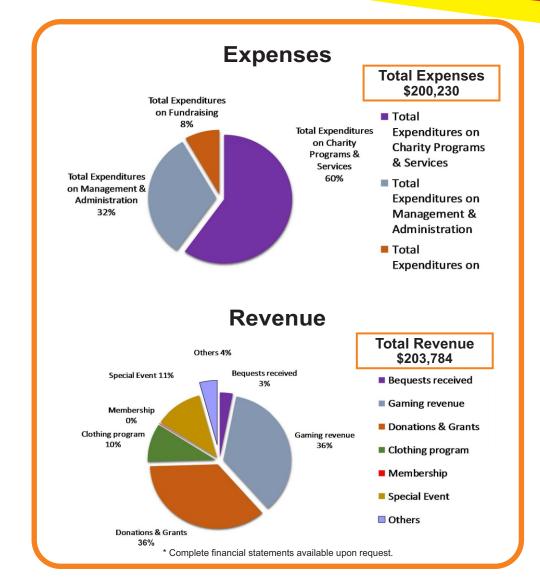
Brian Park

Lending library

Feri Dehdar, Executive Director Sandeep Gill, Development Coordinator Madi Kennedy, Programs Coordinator Nathalie Leveille, Community Connector Christina Han, Community Outreach Assistant

CPABC BOARD MEMBERS

Andy Yu. President Susanne Raab, Vice President Gilles De Condappa, Treasurer Tim Ing, Secretary Rebecca Levi **Cheryl Giesbrecht** Jonn Olldym **Ronald Blackmore** Denise Lok Trish McKay







The Cerebral Palsy Association of British Columbia Annual Report 2014



to raise, to reach, to realize

Annual General Meeting September 11, 2014

Message from President and ED Donors, Supporters and Volunteers Financial Summary Report

> 330 - 409 Granville St. Vancouver, BC V6C 1T2 www.bccerebralpalsy.com 1-800-663-0004

Message from CPABC Executive Director & the President

Dear CPABC Members

As we celebrate our 60th anniversary committed to supporting people living with Cerebral Palsy experience their fullest potential in society, we are pleased to report on our accomplishment of 2013-2014 as well as the future direction of our Association.

We would like to express our deepest gratitude to the members of our Board of Directors, other volunteers, and staff for their diligent work to ensure that the legacy of our founders carries on. The support of our community partners and donors is invaluable; we could not function without them



Andy Yu President



Feri Dehdar **Executive Director**

We are completing the second of our 3 year strategic plan focusing on the "4R's:": to Revitalize. Reach, Raise and Realize. This plan has been guiding our organization for the last two years and has helped us to better meet the needs of the CP community.

In 2013-2014, we have continued Revitalizing the CPABC through attracting new board members from diverse disciplines such as legal, finance and social services, as well as increasing our staff compliment to better serve your needs. Our goal in 2014-2015 is to attract professionals with CP, as well as directors with expertise in other areas such as fund raising and community outreach. On the staffing side, our goal is to have a sufficient number of skillful staff to best meet the needs of our members.



We have continued Reaching out to our members. Through the four "Life without Limits" connection series held in 2013-2014, we have created a space to allow people with CP to share and learn from one another. On average 160 of our members attended these series. We would like to thank the wonderful quest speakers Dr. William Freeman, Melisa Crosby, Brett Nikolic, Ryan Lachance, Michael Bortolotto, and Patti Bonisteel for providing entertainment, knowledge and inspiration. We encourage you all to attend the 2014-2015 connection series. We have also been actively Reaching out to the donor community. Their generous contributions

enable us to operate and expand our programs to better serve the CP community. In 2013-2014, we have accomplished the following:

- Held our second successful
- "Steptember" in conjunction with United CP. We saw 178 participants raise \$24,000. (out-doing last year's total by \$3,000) Thank you to everyone who participated. We encourage you to join our current Steptember campaign by registering your team at
- http://www.steptember.ca/ · Scotiabank Charity Challenge. 2014 was our first year participating in this event. Not only did 24 participants raise \$8,255, we had many visitors at our information table.



Throughout the year, we have worked to Raise awareness:

- The CPABC was honored with the City of Vancouver Accessibility and Inclusion Award presented at a reception at City Hall on November 21, 2013 by Mayor Gregor Robertson. It is wonderful to have this recognition of out 60 years of work and achievements.
- Your Executive Director and President were pleased to have the opportunity to meet one-on-one with the Honorable Don McRae, Ministry of Social Development and Innovation to raise awareness about CP, the challenges of people with CP, how our Association assist people with CP and how the BC Provincial Government's Accessibility 10-year plan fits into our Association's mission
- · We represented the community's concerns in writing and through attendance at the provincial government's White Paper on Disability forums.
- We continue to be an international affiliate of United Cerebral Palsy (UCP) to promote the organization globally and to build on knowledge and stay current with research, medical information and technology that impact people with CP.
- We continue our collaboration with CP Canada Network, Neuro Dev Net and the World CP Institute to bring a global community, share ideas, advance the prevention, treatment and cure of Cerebral Palsy and ensure that research is relevant and accessible to families.

- · As we are always looking for new and innovative ways to spread the word about the support and services we are able to provide to people living with cerebral palsy, as well as how we can improve those services we have formed an Advisory Committee which serves primarily as a forum to collaborate with the people we feel we can learn from, to better understand the needs of people living with cerebral palsy, and who will serve as ambassadors of the CPABC. The Advisory Committee also serves the vital function of informing the Board about the needs and services of people living with cerebral palsy, based on their unique perspectives (i.e. medical professional, service provider, parent, care givers etc.). This information will assist CPABC in developing new programs and initiatives. The Committee keeps our outreach current and relevant to your needs. Through our Reaching and Raising activities, we were able to provide services to our members to realize their full potential and their place as equals in a diverse society. The CPABC hosts a wide range of FREE programs and services in the province of British Columbia to support and enrich the lives of people with CP and other disabilities:
- Dance without Limits instills confidence in children living with CP at a young age. We held 48 dance classes with 40 attendees this year. We are expanding the program by offering it in two locations: Vancouver and Surrev.
- · Yoga for Youth with Disabilities gives youth with CP the ability to explore yoga in a warm, unintimidating and supportive environment. We held 48 yoga classes with 45 attendees this year. • In addition, our Campership program provides financial assistance for children, youth and adults to attend a special needs camp of their choice in BC. Attending summer camps not only enables children with CP to have fun during the summer; it also allows them to develop interpersonal and social skills. We granted \$5000 in camp subsidies to 12 people including children, youth and adults
- this year. • For young adults who are attending post-secondary education, we have the Tanabe Bursary Program. We granted \$8000 in bursaries to 8 talented students this year. We would like to thank the Kinsmen Foundation for their continued support of this program.
- Special presentation was made at Kinsmen Foundation AGM held at Harrison Hot Spring in October 2013 focusing on success of Educational Bursary program. Since 2008, with support of Kinsmen Foundation over 60 young talented individuals with CP have been able to continue their post-secondary education.
- Throughout this year we received over 520 inquiries from around British Columbia ranged from questions about our association, to the definition of Cerebral Palsy, to assistance with housing, employment questions, medical information, legal services, housekeeping services, service dogs, food security, volunteering, moving, day program support, newcomers support, parent support, equipment assistive devices funding, counselling services, advocacy, accessible transportation, respite and therapy funding, transitioning, socializing, leisure

and recreation, camping, educational bursaries, supportive listening, etc...

• The CPABC provides presentations in the community designed to offer education and awareness to individuals, families and service providers about available programs, services and supports. These presentations create opportunities to collaborate with local organizations in an effort to reduce barriers, advocate and address gaps in services. Outreach opportunities in 2013 included presentations to schools, British Columbia Health Services, post-secondary institutions and over 10 community

organizations.

- Staff and volunteers who are involved in providing CPABC programs and services have the capacity to serve clients in a language other than English such as French, Farsi, Punjabi, Mandarin, and Cantonese.
- Volunteers assisted a variety of supports over the 2013-2014 year including: office work, updating our community database, communication, newsletter, grant writing supporting with our Dance and Yoga programs resulting in 980 volunteer hours.

Goals for 2014-2015

Our goal for the coming year will be to continue the above programs and to provide the following

programs in fall and winter 2014:

- In keeping with our dedication to help people living with CP enjoy Life without Limits, we will offer financial assistance for the purchase of assistive devices;
- Our Yoga program is expanding to Victoria and North Shore:
- · A Community Kitchen to bring members of the community together to share meals, and information about preparing nutritious meals on a limited budget as well as discussing the

implications of CP on nutrition and meal preparation:

- · Workshops about legal issues that confront people living with disabilities and their families and supporters:
- We will also be developing a pre-employment program that will help people with CP enter the workforce. We -the people with CP -have a lot of to offer to the labor force and the economy. The program will focus on teamwork, communications, internet fundamentals and online skills development.
- Lastly, we are planning to provide information and assist people to set up self-managed care through the Community Supports for Independent Living (CSiL) program. Please join us in celebrating our Diamond Jubilee at our Gala on October 23, 2014. We will focus our fundraising efforts of this evening for our pre-employment program. Together, we can make it happen.

Don't stop believing and dream big!

Andy Yu, CA, MBA, President Feri Dehdar, Executive Director





World CP Day- CPABC is proud to be supporting World CP Day which will be held on the 1st of October, 2014.

Do you have an idea that can change the world for someone living with CP? World CP day is a chance for you to introduce an innovative idea that can help someone living with CP, and have the possibility of it come to life! Go to www.worldcpday.org to post your idea now! The CP organization that posts the most number of ideas before the end of October will win \$10,000, so start posting those ideas!