



Youth Without Limits: Disabled Support Group

This program provides an opportunity for youth and young adults with physical disabilities to discuss social and cultural issues that arise from having a disability.

Facilitated by Disabled Youth for their Peers



Series on
Self-Esteem

For Inquiries and Registration
Please Contact:

Toll Free: 1-800-663-0004
E: supportworker@bccerebralpalsy.com
www.bccerebralpalsy.com

Youth Support Group

Goal

To provide a safe and welcoming space for disabled people to socialize, learn from, and support one another.

Structure

The sessions will take place on
Friday evenings

3:45 – 4:00 – Snacks & Refreshments

4:00 – 6:00 – Presentation & Discussion

The group is for (but not limited to) youth between the ages of 13–29

If sign language interpreter is required, please
contact: supportworker@bccerebralpalsy.com
RSVP: supportworker@bccerebralpalsy.com

Upcoming Topics

July 28th – Laura Arsenault
Dietician from HealthLink BC

Topic: Nutrition and Mental Health

Location: Christchurch Cathedral
690 Burrard Street
Vancouver, BC

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