



# Annual Report 2017-2018

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## *Life Without Limits*



# Letter from the President

Dear members,

The purpose of the Cerebral Palsy Association of BC is to improve the lives of people living with cerebral palsy in British Columbia. We continually ask ourselves, are we achieving this goal? Recently the board and staff spent an evening together to devise our strategic plan for the coming years. We developed specific goals to:

- **increase our membership across the province;**
- **engage in an ambitious fundraising campaign to help fund more services and supports to more people; and**
- **reinvigorate our Advisory Committee to tap into their collective wisdom to help guide us in the right direction.**

We also took a moment to pause and reflect on how far we have come. Over the past decade we have seen tremendous growth in our organization. This is in large part because of the passion and persistence of Feri Dehdar, our Executive Director, and a pillar of the CPABC for over a decade. She has been instrumental in building an organization that has made a meaningful difference in the lives of countless people living with CP - an organization we can all be proud of.

Feri has decided it is time to pass the torch. She leaves a legacy that will not be forgotten. I would like to take this opportunity to thank Feri for her endless dedication to the CPABC. We could not have accomplished what we have without you.

Susanne Raab, President, CPABC



## Feri's Farewell Message

Dear members,

As my work as Executive Director of Cerebral Palsy Association of BC comes to an end to pursue other paths, I look back on almost two decades with pride, melancholy and affection. I was hired by CPABC shortly after my arrival to Canada, so as an uprooted new immigrant I learned to embrace diversity and inclusion for growth and innovation. Over the years, I have been involved with two rounds of restructuring the organization and the development of two to three strategic plans. The organization has grown from one employee (me) to a team of 11 employees. I led the organization through three office moves, a full re-brand, development of 4 events and over 13 program offerings. It has been important to me to establish strong membership, so I fostered positive relationships with you all. I have been honoured to work alongside of a great team of staff, Board, members, volunteers and donors. None of our successes would have happened if you had not responded to the challenges our organization had faced over the years.

I find great comfort in knowing that we will continue to serve our members and build on our achievements. Thank you for the confident, enriching experience you have given me throughout my time with CPABC. I wish you all the best.

Fer Dehdar, Executive Director



# About Us

Established in 1954, the Cerebral Palsy Association of British Columbia (CPABC) is an independent charitable organization.

We provide free resources, programs, and support to a diverse disability community across our province. We also engage in advocacy, education, and guidance for children, families, youth, adults and seniors living with CP.

Our vision is to create a **Life Without Limits** for people with disabilities.



## Board & Staff

### Board

President: Susanne Raab

Vice President: Rebecca Levi

Treasurer: Gilles De Condappa

Secretary: Julia Halipchuk

Members at Large: Ronald Blackmore

Andy Yu

Denise Lok

Ish Sehmbeay

### Staff

Executive Director: Feri Dehdar

Events & Development Coordinator: Lindsay Macleod

Grants & Community Engagement: Fiona York

Life Without Limits Programs Coordinator: Denzil Muncherji

Web Developer: Tiffany Mark

Youth Navigator: Carrie Torrans

Seniors Program Coordinator: Jeanne Morton

Events and Programs Intern: Joyce Pang

Communications and Media Intern: Ashley Moliere

# Programs & Services Overview

## Recreational Programs



Adapted Yoga



Dance Without Limits



Art Without Limits



Self Defense Without Limits



Movement Without Limits

## Support Services



Youth Navigator



Youth Without Limits



Family & Individual Support



Seniors Program

## Financial Resources



Camperships



Jason & Rand Fund



Education Bursaries

# Recreation Programs

**1317** hours of recreation



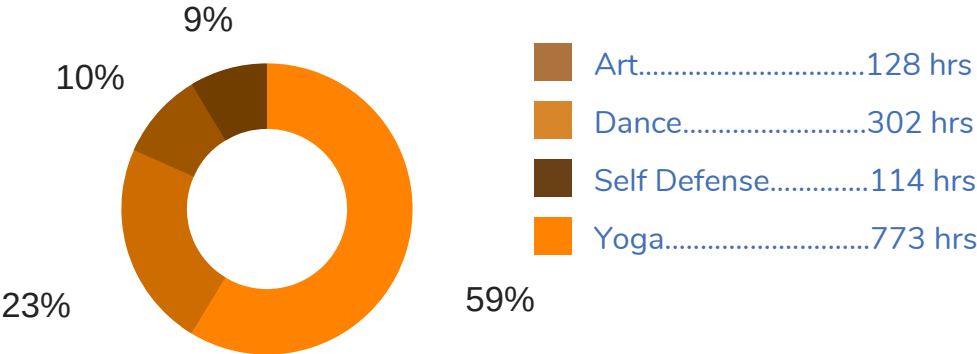
**8+** locations across BC



**15** Alinker bikes awarded



## % of Total Hours by Program





# Support Services



## Youth Navigator

The Youth Navigator program is a resource that helps youth aging out of services to connect with supports they need the most.

Our Navigator, Carrie Torrans, has helped hundreds of people with disabilities find specialized information.



## Youth Support Group

The Youth Without Limits support group is a place for people with disabilities to discuss issues important to them. Peers, advocates and educators share their knowledge with the community.

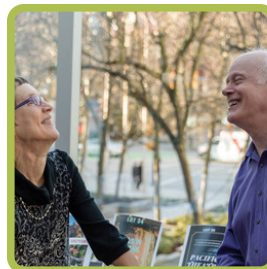
This year we offered legal workshops for youth entering the workforce.



## Family & Individual Support

Our organization offers Family & Individual Support year-round to those who need it most.

Through our referral system, we help people with disabilities and support them in any of their life stages.



## Seniors Program

CPABC offers programs for seniors with cerebral palsy and other disabilities.

This past year, Tea, Talk & Crumpets allowed seniors to socialize and participate in recreational activities.

# Financial Resources



**21** people sent  
to camp



**10** equipment  
subsidies



**10** students  
supported

## Campership



**\$8,000**  
granted

## Jason & Rand Equipment Fund



**\$5,600**  
granted

## Education Bursaries



**\$9,500**  
granted

# Special Events

## Life Without Limits Gala 2018



**\$75K**

**152**  
attendees

The Life Without Limits Gala on Thursday, March 15th, 2018 was a spectacular night! This year's theme, Learn Without Limits, celebrated the importance of post-secondary education for students with disabilities. Thanks to the generosity of our attendees and sponsors, we raised \$75,000 at the event for CPABC's Tanabe Bursary Program.

Past recipients of the Tanabe Bursary spoke emotionally about the importance of post-secondary education and how the bursary improved their lives.

## Scotiabank Charity Challenge 2018



**\$11K**

**37**  
attendees

On June 24th, 2018, #TeamCPABC participated in one of Vancouver's biggest running events. With a record breaking number of runners, walkers and rollers, we raised almost \$11,000! Team members Jason Cole and Rand Surbey's heart-stopping attempt to capture the Guinness World Record made the race the most exciting one yet!



# Outreach & Inclusion

## Community Outreach

As our mission statement says, one of our main goals is to spread awareness about cerebral palsy in the community. We do this by visiting schools for awareness presentations and by participating in community events. This allows us to not only educate the public about cerebral palsy and other disabilities but also network with fellow organizations.



## Fashion Without Limits

CPABC marked Canada 150 with an event called Fashion Without Limits: Diversity in Motion. The event was held on November 1st, 2017 and brought together members of the disability community for a night of fashion and art. Over 100 people attended the event. Ten CPABC members were models in the show displaying some of the year's best fashion.



The event also featured adapted ballroom dancing and the launch of our new Assistive Equipment Fund to honour our two most active and adventurous members: Jason Cole and Rand Surbey.

## World CP Day

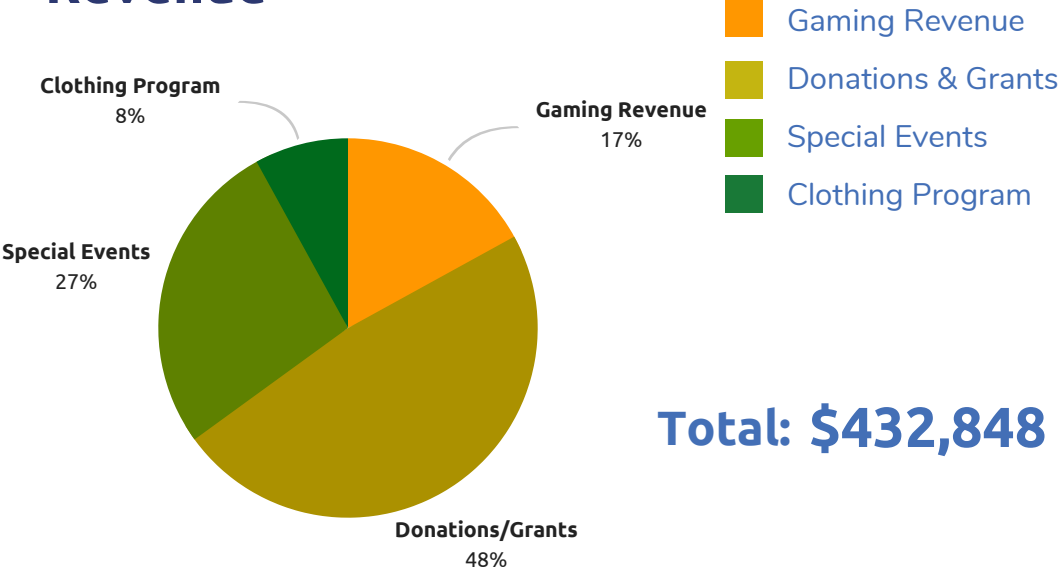
CPABC received an honourable mention from the World Cerebral Palsy Day Awards under the "Medical/Therapeutic" category for our Youth Without Limits support group.

Key landmarks were lit green for the occasion.

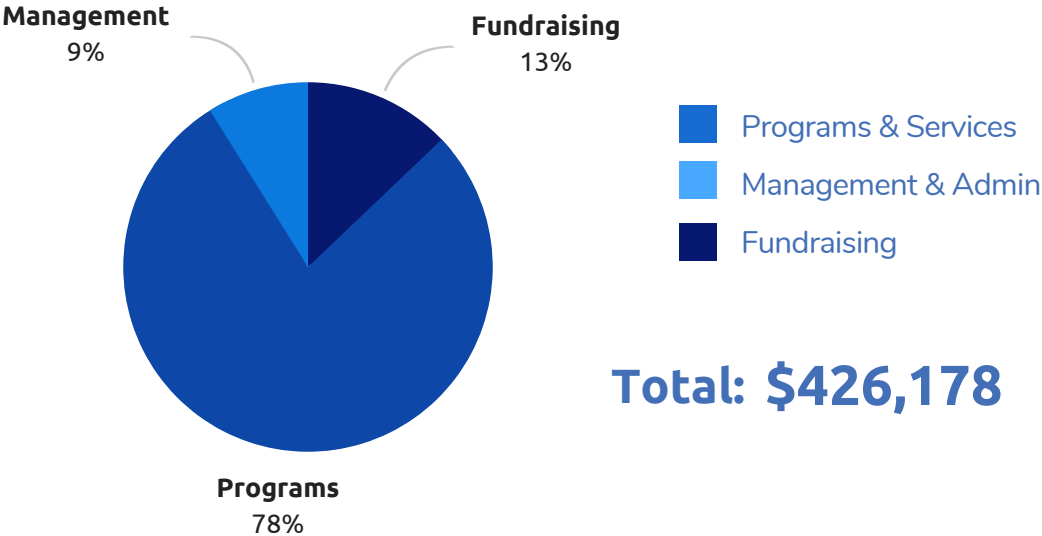


# Financial Report

## Revenue



## Expenses



# Our Volunteers, Donors & Organizations

## Volunteers

Abby Zaporteza	Christine Wong	Gurjit Cheema	Katie DeFrank	Nathan Reid	Randall Epp
Alyssa Lillyman	Craig Dixon	Hayley Gervais	Katie Herlick	Nerissa Farrell	Raveena Sahota
Amberin Bonnett	Crys Hunter	Jack Shang	Kelly Goebel	Nicole Liang	Sara Vandegraaf
Amit Tandon	David Scott	Jalal Nanji	Kimberley Lu	Nicholas Wong	Sarah Jung
Amy Deng	Denise Chiang	Jenna Sbrocca	Laura Murfitt	Nico Tan	Shayna Coumont
Angel Trinh	Ehsan Maleki	Jose Manuel	Lisa Ly	Olivia Nobes	Shoane Molefe
Anjelika Zaremba	Elizabeth Vick	Joyce Pang	Lisa Tsai	Paulina Bialkowski	Spring Rhodes
Aycin Gurgun	Gail Stephan	Karen Chan	Maneli Nourbakhsh	Precilia Kong	Susan Pang
Ayling Chen	Gina Boyd	Karina Silva	Marco Dixon	Rachel Lam	Taran Cheema
Buffy Chen	Glenda Watson-Hyatt	Katherine Soucie	Nathan Pang	Rachel Meleady	Vinh Nguyen

## Individual Donors

Alessandro Cauduro	Bill McCartney	Douglas Alward	Louise Smith	Robert Shipley	Jacque Blaschek
Ana (Wilma) Kinghorn	Bree Kozak	Douglas J. Swanson	Margaret Mccuaig	Ron Draper	Janet Mee
Andrew Cheslock	Carol Cheslock	Earl Phillips	Martin Wright	Ron Tyson	Janice Carr
Andy Yu	Cathy Glover	Ermanno De Santis	Nellie Wong	Ronald Blackmore	Jeanne Morton
Anne Davis	Cynthia Frostad	Genevieve Chang	Paolo Diligenti	Ronald Wyant	Jon Sharun
Anne Klinko	David Fairhall	Geoff Styles	Pat Ezzy	Ross Tweedale	Judi Draper
Arthur L. Cooke	Debbie Kabush	Gordon Hutcheson	Patricia Gouge	Ruth Makaroff	Karina Silva
Barbara Phillips	Debbie Young	Herman Litsky	Patricia Ruth	Ryan Ayre	Kyoko Toshimitsu
Beatrice De Santis	Denise Lok	Jackie Styles	Paul Pigeon	Sandra J. Hollenberg	Lawrence Greenlaw
Benice Rolls	Diane Wickenheiser	Jacqueline Purtzki	Peter Shipley	Shirely Thiel	Leora Shipley
Beverly Diack	Doug Whitesell	Jacqueline Shipley	Raymond Stewart	Thomas Klinko	Linda Flegel

## Organizations

Black Creek Lions Club	Pitt Meadows Lions Club
Blake, Cassels & Graydon LLP	Port Coquitlam Lions Club
Caisse De Bienfaisance	Provincial Employees Community Services Fund
Central Okanagan Foundation	Rastar Investment Ltd.
City of Victoria	RBABC Guarantee Corp.
CKNW Orphans' Fund	RBC Foundation
Coast Capital Savings Credit Union	Richmond Community Foundation
Concerto Marketing Group	Royal Canadian Legion, Branch #127
Cure For Kids Foundation	Royal Canadian Legion, Branch #133
Dumoulin Black LLP	Royal Canadian Legion, Branch #229
First West Foundation	Royal Canadian Legion, Branch #97
Fortinet Technologies (Canada ULC)	Saint John's School of Alberta Legacy Foundation
Gerge & Bell Consulting	Surrey Cares Community Foundation
GoodLife Kids Foundation	Tajpur Investments Ltd.
Great Panther Silver Ltd.	The Edith Lando Charitable Foundation
Green Shield Canada	The Kinsmen Rehabilitation Foundation of BC
Group Five Design Associates Ltd.	The Law Foundation of BC
Helping Hands of WorkSafeBC	The Rotary Club of Victoria BC Foundation
Houle Electric Ltd.	TMX Group
Howland Arts & Sciences Ltd.	Vancouver Coastal Health
Lohn Foundation	Vancouver Foundation
Mammoth Mountain Ski Area, LLC	Vancouver Police Union
Mission Community Foundation	Varshney Capital
Northern Lights	West Vancouver Community Foundation

# Our Supporters



Warrington PCI Management



JUTLAND CAPITAL MANAGEMENT LIMITED

