



Annual Report 2018-2019

Life Without Limits

About Us

Established in 1954, the Cerebral Palsy Association of British Columbia (CPABC) is an independent charitable organization.

We provide free resources, programs, and support to a diverse disability community across our province. We also engage in advocacy, education, and guidance for children, families, and adults living with CP.

Our vision is to create a **Life Without Limits** for people with disabilities.



Board & Staff

Board

President: Susanne Raab
Vice President: Rebecca Levi
Treasurer: Gilles De Condappa
Secretary: Julia Halipchuk
Member at Large: Ish Semnbey

Staff

Executive Director: Elizabeth Specht
Events & Development Coordinator: Lindsay Macleod
Life Without Limits Programs Coordinator: Denzil Muncherji
Youth Navigator & Support Worker: Carrie Torrans
Web Developer: Tiffany Mark
Senior Program Coordinator: Jeanne Morton
Administrative Assistant: Victoria Cruz

Farewell Message from the President

Dear CPABC members,

It has been one of my greatest pleasures and privileges to serve on the Board of Directors of the Cerebral Palsy Association of BC for the past 6 years. I am proud of the work we have accomplished as a board.

I am proud of every educational scholarship that was awarded to a hardworking student, every camp bursary offered to a young child, every equipment bursary granted and every program organized that allows people living with cerebral palsy to come together and connect with their peers. We have remained committed to the simple philosophy of improving the lives of people living with cerebral palsy - one person at a time. The Cerebral Palsy Association of BC will continue to do so - expanding the breadth and depth of our community across the province.

It is with optimism and confidence that I now pass the torch to the new leadership on the Board of Directors of the Cerebral Palsy Association of BC. I remain committed to CPABC and will continue to do what I can to help, where help is needed.

Susanne Raab, President



Letter from the Executive Director

Dear CPABC members,

I am excited to take on the role of Executive Director for the Cerebral Palsy Association of BC. In my short time here, I am impressed by the dedication of the board and staff and by the warm reception afforded to me by the membership.

There is great opportunity ahead for our organization as we realize our vision of providing even more programs and resources on a province wide basis. It takes a collective of supporters – government, business, community partners, individuals and families. Together we can all make a difference and help everyone live a “Life Without Limits”. I look forward to working with you all. Thank you for your support.

Elizabeth Specht, Executive Director



Programs & Services Overview

Recreational Programs



Adapted Yoga
Dance Without Limits
Art Without Limits
Tea & Tango

Support Services



Youth Navigator
Youth Support Group
Seniors Support Group
Family & Individual Support
Legal Workshops

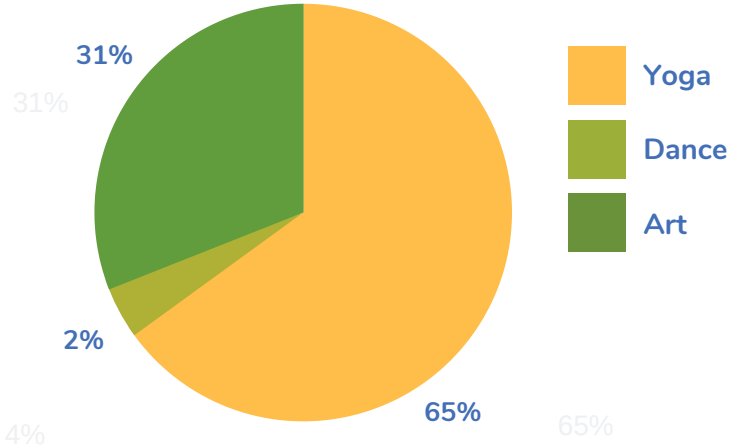
Financial Resources



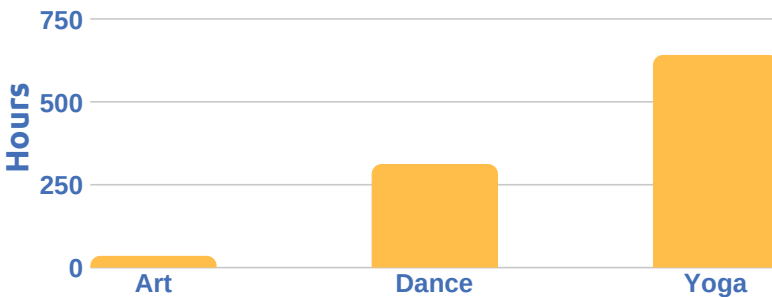
Campership
Equipment Assistive Devices
Tanabe Bursary

Recreation Programs

% of Total Hours by Program



Total Hours by Program



974
hours of
recreation

13
locations
across BC

Support Services



228

Youth Group
attendees

6

Guest Speakers
for Youth Group

Youth Navigator

The Youth Navigator program is a resource that helps youth aging out of services to connect with supports they need the most.

Our Navigator, Carrie Torrans, has helped hundreds of people with disabilities find specialized information.

Youth Support Group

The Youth Without Limits support group is a place for people with disabilities to discuss issues important to them.

Professionals, advocates, and educators come to share their knowledge with the community.

Family & Individual Support

Our organization offers Family & Individual Support year-round to those who need it most.

Through our referral system, we help people with disabilities and support them in any of their life stages.

Legal Workshops

The association proudly hosted a number of workshops and webinars to address the topic of mental health in the workplace for youth with disabilities.

Financial Resources

Campership



\$6,500

Equipment Assistive Devices



\$10,000

Tanabe Bursary



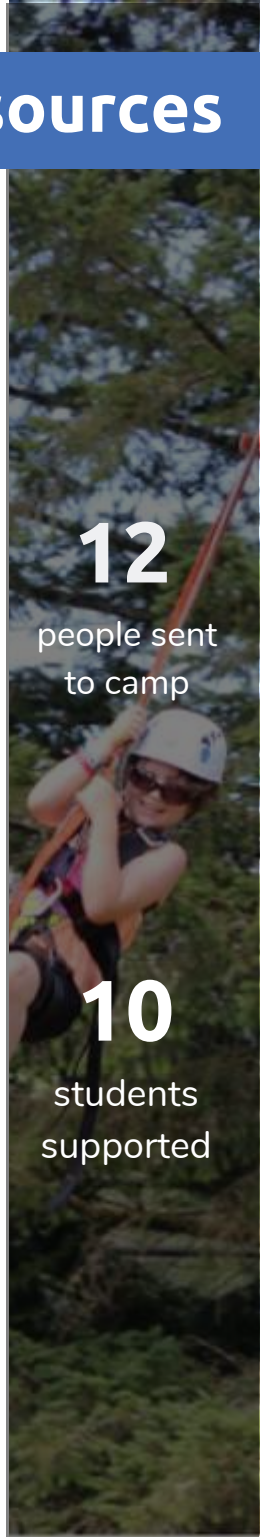
\$10,000

12

people sent
to camp

10

students
supported



Special Events

Scotiabank Charity Challenge 2018



On June 24, 2018 The Cerebral Palsy Association of BC participated in the Scotiabank Charity Challenge. #TeamCPABC included a whopping 37 walkers, runners and rollers of all ages and physical abilities. This is the most participants we have ever had! Their efforts paid off by raising over \$10,000.

Members from across the province joined together on race day including Team CPABC's dynamic duo Jason Cole and Rand Surbey who were featured on Breakfast Television, CTV National, and CTV Vancouver for their Guinness World Record attempt at fastest wheelchair tandem team in a half marathon.

TMX Charity Golf Tournament 2018



The 7th Annual TMX Charity Golf Classic was held on July 24, 2018 at University Golf Club. The afternoon included a fun Texas scramble style of golf along with lunch, dinner and prize giveaways. The CPABC was one of the charities chosen once again to receive part of the proceeds.

Members of CPABC staff engaged the golfers at the 10th hole in trivia and awareness speeches about cerebral palsy and what our association does. Some of the golfers knew someone with CP while others learned new facts about CP. Overall, every interaction with the participants was educational and positive! Approximately \$55,000 was raised through the event.

\$10K

37

participants

\$55K

140

attendees

Outreach & Advocacy

Awareness Presentations

Every year, CPABC staff go to a multitude of fairs, schools, and events to share our programs & services with the public.

Not only is it an opportunity for us to connect with other organizations, we also get to reach out to the community, and educate the public about cerebral palsy and other disabilities.



World CP Day

In 2018, our organization coordinated 7 locations around the province to light up green on October 6th in honour of World Cerebral Palsy Day!

These locations included:

- Port Coquitlam City Hall
- Canada Place Sails of Light
- Fitzsimmons Covered Bridge Whistler
- Mr. PG – Prince George
- Science World
- Anvil Centre New West
- Kelowna Sails – Abbott Street

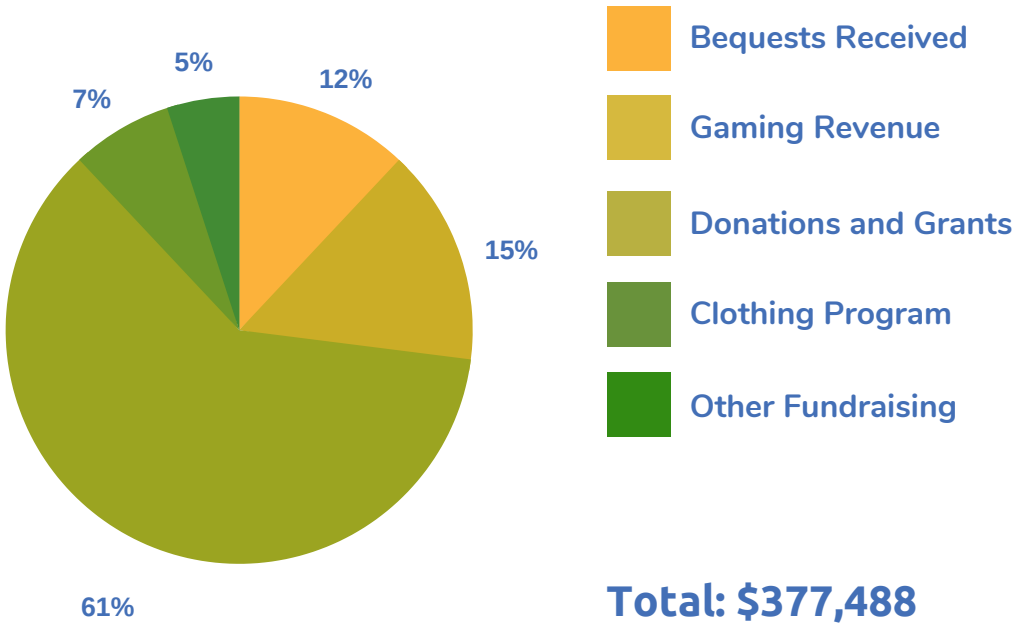
Members and supporters from around the province visited and took photos with the lit up landmarks which were circulated on our social media platforms.



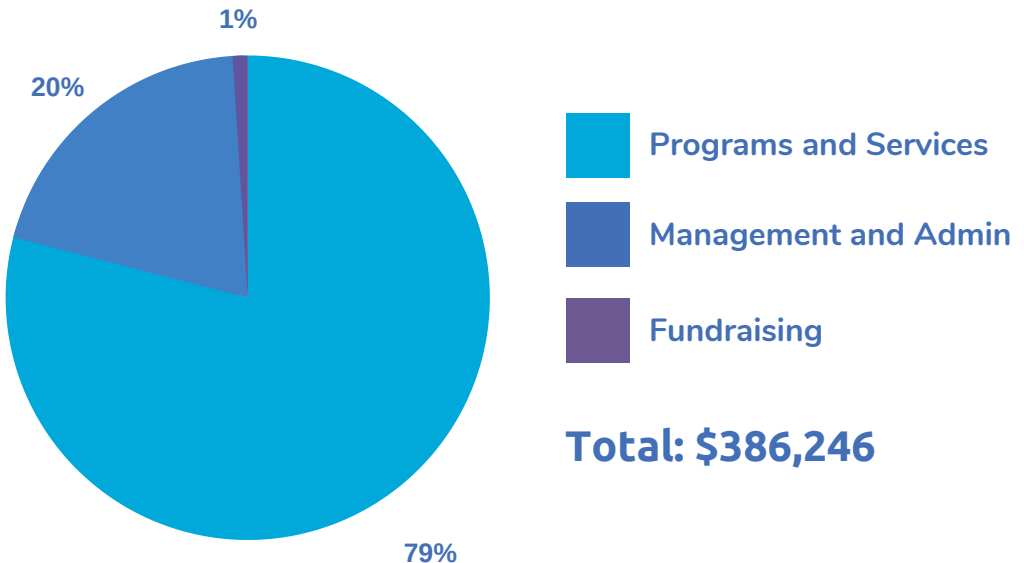
7

landmarks lit
green in BC

Financial Report: Revenue



Financial Report: Expenses



Volunteers, Donors & Organizations

Volunteers

Alayna Dan
Alexandra Service
Angel Trinh
Buffy Chen
Craig Dixon
Daisy Parti
Ehsan Maleki
Jack Sheng
Jason Cole
Jenna Berman
Joyce Pang
Karen Lai
Katie Herlick
Kimberley Lu
Marco Dixon
Margherita Rossi
Matthew Hunt
Nathan Pang
Nathan Reid
Nicole Liang

Nicholas Wong
Precilia Kong
Rand Surbey
Sanya Muncherji
Shannon Flynn
Spring Rhodes
Susan Pang
Victoria Cruz
Vinh Nguyen

Donors

Humphry Evatt
Sophie Dunbar
Linda Moore
Lavina Goossen
Gayle Vallance
Martin Wittman
Sheila Fee
Peter Labun
Erica Kleisinger
Nicholas Goad
Anne Paine & Fowler West
Richard Feinstein
Tanya Kenny
Merrill and Mark Shugoll
Paul Klintworth
Glenda Kopperson
Angie Howden-Duke
Bob Ward
Douglas Alward
Eliot Escalona

Tracy Reimer
Ian Graham
Donna Rispin
Julian White
Elliot Feldman
Sue Trebett
Doug and Lori Dobie
Jacqueline Gallagher
Gayle Vallance
Ian Hand
Elinor Bacon
PN Hoffman
Ross and Sarah Tweedale
Kyle McMahon
Marylyn Horsman
traci Hoffman
Kristina Nilsson
David Burgoyne
Thomas & Anne Klinko
Bernice Rolls

Susan Borthwick
Martin Wright
Syd & Elaine Pallister
D Richard King
Roy Kendall
Berta Arruda
Randy Graczyk
Ronald Blackmore
Tim Sehmer
Julian Key
Roland Cottell
A John Ecclestone
Sara Thom
John Barrett
Claudia Martinez
Sandra J. Hollenberg
Barbara L. Daem
Jackie & Geoff Styles

Organizations

Vancouver Coastal Health
SurreyCares
The Hamber Foundation
MacKenzie Charitable Foundation
City of North Vancouver
District of North Vancouver
Central Okanagan Foundation
First West Foundation
City of VictoriaLohn Foundation
District of West Vancouver
City of Langley
Mission Community Foundation
Corporation of the District of N. Vancouver
BC Rehab Foundation
Edith Lando Foundation
City of Surrey
Saint John's School of Alberta Legacy Foundation

TMX Group
Arena Stage
Kinsmen Foundation of BC
The Law Foundation
TD Canada Trust
CKNW Orphans' Fund
Ipsen Biopharmaceutical
Pacific Medical Law
Pacific Blue Cross
Fraternal Order of Eagles Ladies Auxiliary #2726
Saint John's Legacy Foundation
Richmond Community Foundation
RBC Foundation
McAdams Foundation
UCP
Telus



**Thank you for allowing us
to pursue our mission to provide a**

Life Without Limits

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