



## **Annual Report 2019-2020**

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*Life Without Limits*

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## Board & Staff

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### Board

President: Peter Brown	Members at Large: Lois Hourston
Vice President: Rebecca Levi	Martin van den Hemel
Treasurer: Gilles De Condappa	Mary Kemmis
Secretary: Julia Halipchuk	

### Staff

Executive Director: Elizabeth Specht
Director of Operations: Denzil Muncherji
Programs Consultant: Jeanne Morton
Administrative Assistant: Victoria Cruz
Web Developer: Tiffany Mark

# About Us

Established in 1954, the Cerebral Palsy Association of British Columbia (CPABC) is an independent charitable organization.

We provide free resources, programs, and support to a diverse disability community across our province. We also engage in advocacy, education, and guidance for children, families, and adults living with CP. Our vision is to create a life without limits for people with disabilities.

## Letter from Executive Director

Dear CPABC members,

2019-2020 has been a most interesting year. Our focus has been on rebuilding, repurposing, rebranding, and reconnecting. I am so proud that we have been able to rebuild a vibrant board with representation from various areas of our Province. We also created a Resource Development Committee to help us as we devise and implement a long lasting resource development strategy. We focused on bringing people together and started member gatherings which are a huge success. We also focused on reconnecting with not just members, but with our corporate and government friends too.

This was our investment year and the returns are starting to show. We have entered into a five-year program partnership with the Children's Health Foundation of Vancouver Island to understand needs, connect and provide services for those with cerebral palsy on Vancouver Island and surrounding Gulf Islands. We have brought on experts like Jessie Sutherland from Worldview Strategies to help us excel in this process. To raise awareness and build an ongoing campaign, we have a partnership with Global BC/Corus Radio Network to help us share the news of what we do and raise the much-needed funds for support. CPABC engaged Howard Blank as its Provincial Ambassador to further extend reach and connections.

All was going smoothly when COVID-19 hit, and like most others we had to pivot on a dime. There is a saying that every problem has a solution, and change always has an upside. One of our strategic objectives was to start providing more virtual programs and services so we could truly reach those across the province. COVID-19 put that plan into full gear and through a variety of offerings, we are serving and connecting with more members than ever before. We still have challenges ahead of us but our foundation pieces are falling into place. I thank each and every one of you for your support, especially the incredible staff and board. It truly is a privilege serving this organization and the members of the CP community.



**Elizabeth Specht**, Executive Director

# Programs & Services Overview

## Recreational Programs



Adapted Yoga  
Dance Without Limits  
Movement Therapy  
Movie Night  
Guided Meditation  
Story Time

## Support Services



Youth Support Group  
Seniors Support Group  
Coffee with Caregivers  
Family & Individual Support

## Financial Resources



Campership  
Equipment Subsidy  
Education Bursary

# Recreation Programs

## Transition to Online Delivery



Photo taken from CPABC Online Movie Night

In March of 2020, the COVID-19 pandemic forced CPABC to stop running the in-person recreational and support programs. In order to continue to serve our members with respect to the social distancing guidelines, we have transitioned the Adapted Yoga, Dance Without Limits, and Support Group to virtual delivery through Zoom. The virtual programs have been a success and CPABC can now reach members all across the province simultaneously!

After transitioning to online delivery, we realized the potential to add new recreational and support programs through Zoom.

New virtual programs added this year:

- **Movement Therapy**
- **Movie Night**
- **Guided Meditation**
- **Story Time**
- **Coffee with Caregivers**





# Financial Resources

## Campership



**\$5,000**

## Equipment Assistive Devices

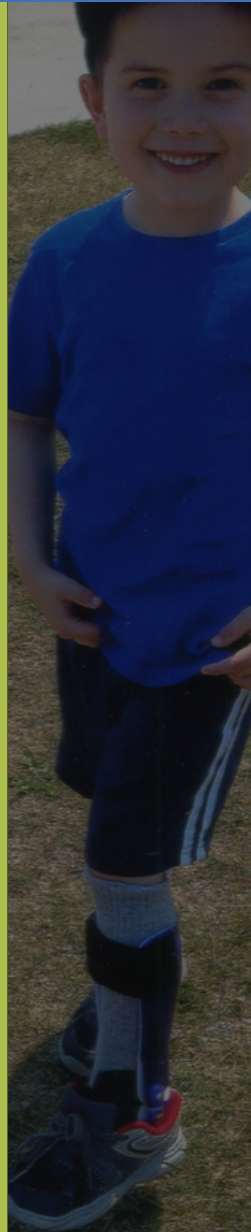


**\$8,000**

## Education Bursary



**\$5,000**



# Special Events

## Members Gathering Event



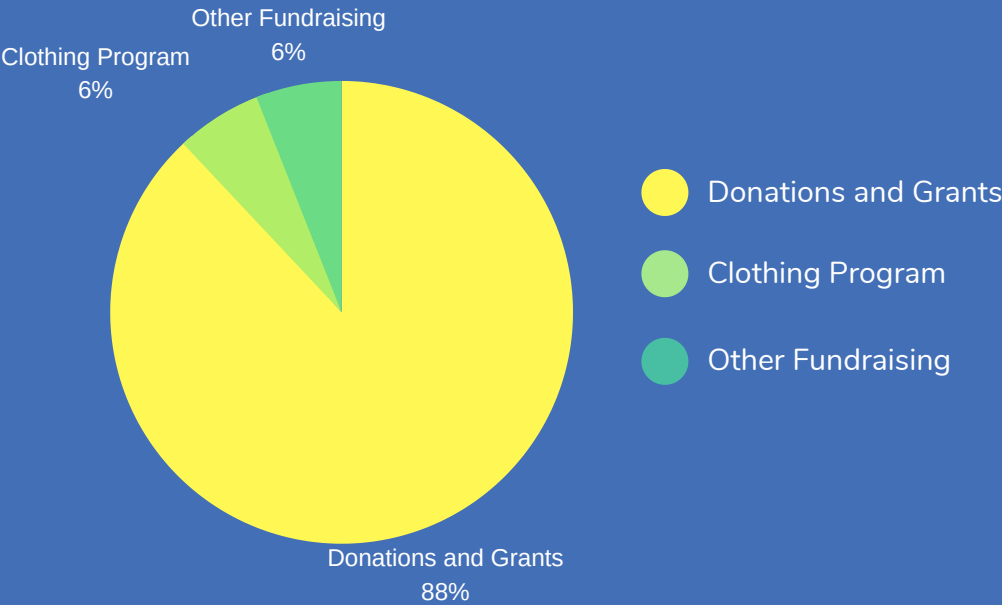
CPABC's first Members Gathering was a success! The event happened on October 20th 2019 at Chuck Bailey Rec Center in Surrey, BC. Our amazing volunteers did face paintings and played games with our members and their families!

## Family Day Event

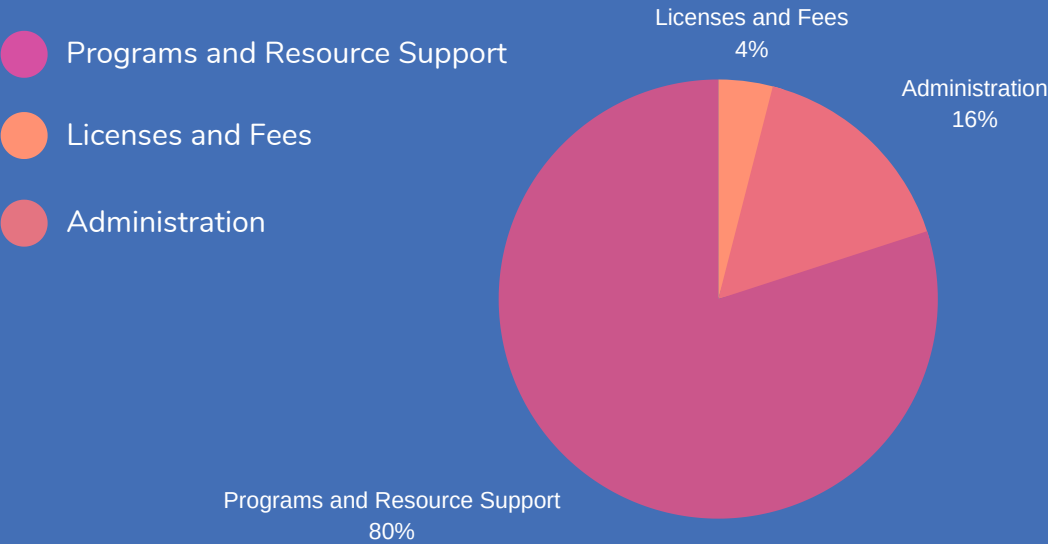


Sunday, February 16th 2020, was CPABC's second Members Gathering event. The event happened in Vancouver on Family Day long weekend and included a magic show, door prizes, and a photo booth!

# Financial Report: Revenue



# Financial Report: Expenses





# Volunteers, Donors & Organizations

## Volunteers

RAJINDER SHEENA  
BUFFY CHEN  
KATIE HERLICK  
SUSAN PANG  
NATHAN PANG  
SANYA KHAJOTIA  
MATT HUNT  
EHSAN MALEKI  
NICHOLAS WONG  
SHANNON FLYNN  
JENNA BERMAN  
SPRING RHODES  
VINH NGUYEN  
ANGEL TRINH  
NATHAN REID

## Donors

RONALD BLACKMORE  
DONALD J. RENAUD  
LOIS HOURSTON  
RONALD WYANT  
DEBORAH INSALL  
RICHARD GRIMES  
DON HIGHSTED  
MARY LOU MILES  
DIANE HILL  
MANDY PAU  
CHARLES GOUGE  
CLAIRE MONASH  
JANE FAIR  
ALEXANDRA KRUTHAUP-HARPER  
MARYLYN HORSMAN  
STEVE AND KAREN SHARLOW  
MR. MAN WONG  
DOUGLAS ALWARD  
DAVID FAIRHALL  
CHRISTOPHER WING  
GAYLE VALLANCE  
ELIZABETH CALDER  
SUSAN BORTHWICK  
CHRIS BIRKETT  
TANYA ROWNTREE  
DANIELLE BENSLER  
CAROL MOLHERSILL  
SCOTT GIBSON  
DIANE HANNA  
CARSON SEDUN  
STUART ROGERS  
BRADY RAK  
REBECA KERSWELL  
TERRY, NELLIE, AND CYDNEY WONG

PETER BROWN  
SHARON HICKIN  
JUTTA AND PAUL ROGAN  
WENDY AND PAUL RUSSO  
KRISTIN SEDORE  
GUILHERME PETERSEN  
BERNICE ROLLS  
RAY WANG  
LINDA MOORE  
ELIZABETH SINGH  
JENNA BERMAN  
MOLLY ALBERT  
IRINA SHESTEROVA  
THOMAS & ANNE KLINKO  
CLAIRE KERR  
ROSS MACKENZIE  
DEREK CRYMBLE  
ANA ENDUMA  
DAVID YAU  
RAYMOND STEWART  
SCOTT DINEEN  
MARIA POLYAK  
LORRAINE PALMER  
KRISTINA NILSSON  
TESSA REIS  
PAT MEYER  
DIANE HAIGH  
GEORGE & LUELLA CROOKER  
GARY ARIA  
ALISSA FAUTEUXD  
RICHARD KING  
MARTIN WRIGHT  
PATRICK FUNG  
SYD & ELAINE PALLISTER

JULIAN KEY  
PAMELA LIU  
JORDAN TRIMBLE  
FARHAN LALANI  
HAROLD FINCH  
BRADEN FLETCHER  
ROY KENDALL  
TIM SEHMER  
BERIT CHRISTENSEN  
PAUL MYERS

## Organizations

TMX GROUP  
SURREYCARES  
THE HAMBER FOUNDATION  
CENTRAL OKANAGAN FOUNDATION  
KINSMEN FOUNDATION OF BC  
MCADAMS FOUNDATIONS  
HELPING HANDS OF WORKSAFE BC  
ROYAL CANADIAN LEGION  
PROVINCIAL EMPLOYEES COMMUNITY SERVICES FUND  
CHILDREN'S HEALTH FOUNDATION OF VANCOUVER ISLAND

MACKENZIE CHARITABLE FOUNDATION  
DAVID BRANKIN ELEMENTARY SCHOOL  
CITY OF VICTORIA  
DISTRICT OF WEST VANCOUVER  
GERARD SEARCH  
ROYAL CANADIAN LEGION, BRANCH #97  
ROYAL CANADIAN LEGION, BRANCH #127  
ROYAL CANADIAN LEGION, BRANCH #20  
TRAIL LIONS CLUB