

# ANNUAL REPORT

2021-2022



Cerebral Palsy  
Association of  
British Columbia

*Life Without Limits*

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## Board & Staff

### Board

President: Peter Brown  
Vice President: Rebecca Levi  
Treasurer: Graham McGowan  
Secretary: Lois Hourston

### Members at Large:

Karena Crumpler  
Martin van den Hemel  
Thomas Bell  
Karin Pasqua



### Staff

Executive Director: Elizabeth Specht  
Director of Operations: Denzil Muncherji  
Agency Services: Jeanne Morton  
Administrative Assistant: Victoria Cuz  
Provincial Ambassador: Howard Blank  
Provincial Spokesperson: Marco Pasqua  
Disability Consultant & CP Champion: Melissa Lyon  
Indigenous Advisor & CP Champion: Patrick Aleck  
Intercultural Strategies & Belonging Matters  
    trainer & consultant : Jessie Sutherland  
CP Champion: Luka Garvin



Cerebral Palsy  
Association of  
British Columbia

# About Us



Peter Brown, President



Elizabeth Specht, Executive Director



Established in 1954, the Cerebral Palsy Association of BC (CPABC) is an independent charitable organization.

We provide free resources, programs, & support to a diverse disability community across BC. We also engage in advocacy, education, and guidance for children, families, and adults living with cerebral palsy. Our vision is to create a *Life Without Limits* for people with disabilities.

## Letter from our President

It has been a very eventful year for our organization. Despite the ongoing Covid pandemic and all of the ramifications associated with it, our team has been able to continue to provide British Columbians affected by cerebral palsy quality programs and a resource which individuals and/or parents can approach for assistance. I am particularly pleased with our progress and outcomes with our Vancouver Island project and look forward to this being a catalyst for development in other regions of the province.

Our staff have worked extremely hard to keep our services available and at a high level for all to enjoy and learn from. Executive Director Elizabeth Specht has done an exceptional job in keeping our ship afloat and moving forward. The Board of Directors wishes to commend Elizabeth and all of our staff for doing an exceptional job during very challenging times. Non profit organizations face many obstacles at the best of times, which makes our steady progress even more exceptional and worthy of our gratitude.

Moving forward, it remains our objective to continue to expand our services to the extent that all British Columbians with cerebral palsy are aware of and drawn to our organization. On behalf of the Board of Directors, I wish to thank our incredible staff for all their efforts. Thank you to everyone for attending this meeting.

Wishing you all good health and fortune,  
PGB

# Programs & Services Overview

The CPABC offers accessible recreation, support services and financial aid to its members. All programs and services are free of charge and accessible through an online platform!

## Recreational Programs

Trained professionals run certain programs that require them.



Adapted Yoga



Dance Without Limits



Movement Therapy



Movie Night

## Support Services

Making connections with peers & families. Supporting each other.



CP Connections



Parent Support Group



Seniors Support Group



Individual Support

## Financial Supports

Financial Supports for people with Cerebral Palsy.



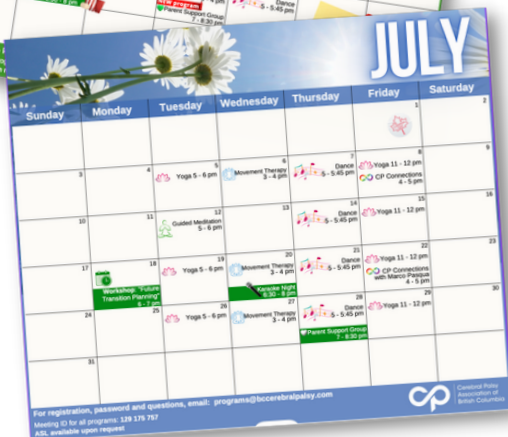
Campership



Equipment Assistive Device

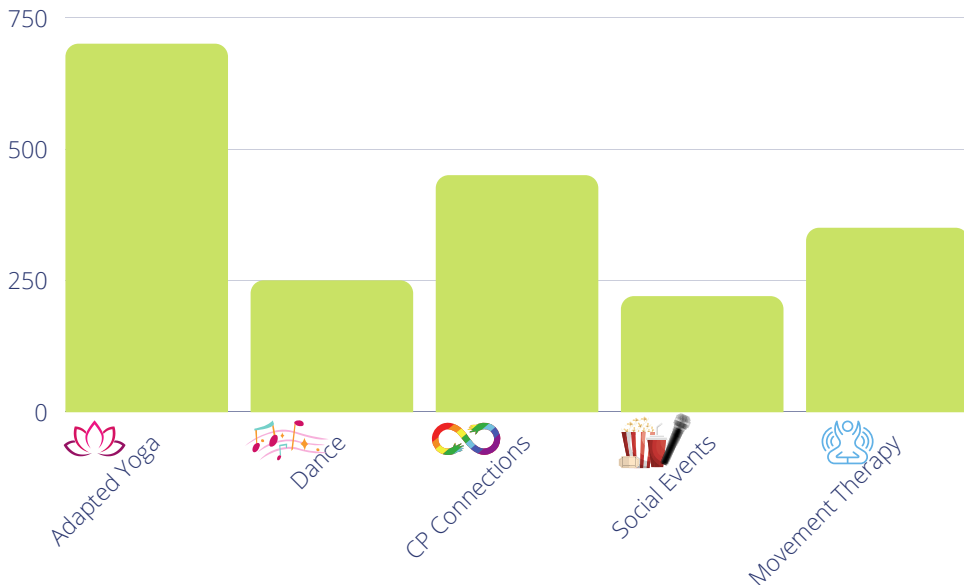


Educational Bursary



# Total Hours by Program

The CPABC delivers programs through Zoom, therefore being able to reach even the most remote areas of the province. This chart shows the division of hours by the various programs we offer.



## 1970 hours of recreational programs!



**Adapted Yoga** offers a safe, calm environment for people with physical disabilities to practice meditative breathing and movement.



**Dance Without Limits** offers a safe, active environment for people with physical disabilities to learn about and explore dance.

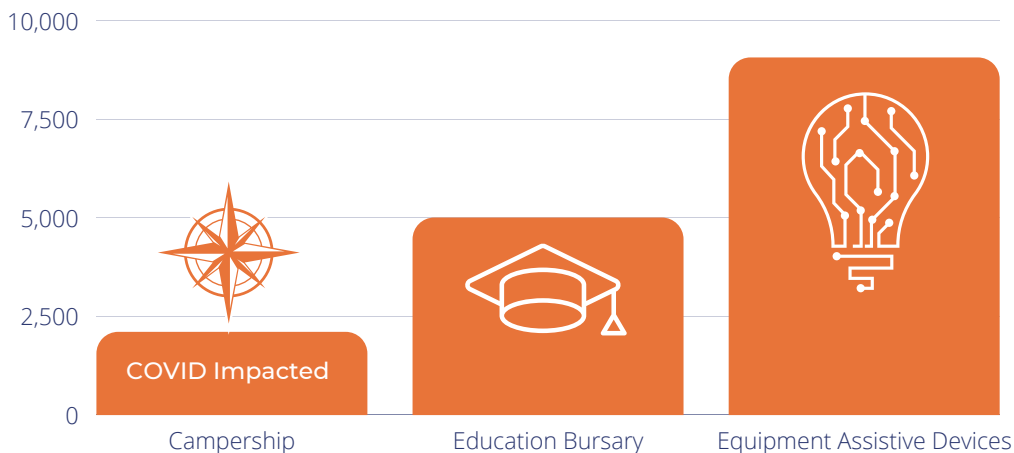


**Social Events** like Movie Night, Karaoke and Games night is a fun night for all ages to engage with each other in a safe and inclusive environment.



**Movement Therapy** offers exercises for different levels of cerebral palsy and other disabilities.

# Total of Financial Resources



## \$16,160.00 of financial support given!



**Camperships:** Funding for kids with cerebral palsy attending an accessible camp of their choice within BC



**Equipment Funding:** Funding for the purchase of assistive devices for people living with cerebral palsy



**Education Bursaries:** Funding for students with cerebral palsy attending a post-secondary institution



# World CP Day 2021



**October 6th, 2021**

On World CP Day, CPABC celebrated, promoted and spread awareness about cerebral palsy. Numerous locations across BC lit it up GREEN for cerebral palsy. CPABC ran a #BC4CP campaign in partnership with wonderful sponsors!



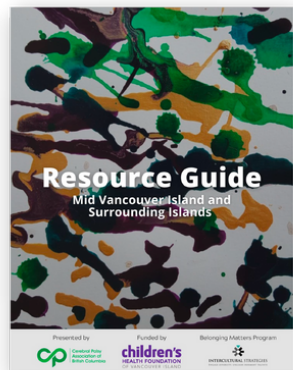
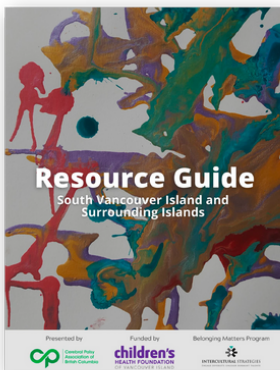
#BC4CP Light it up Green Landmarks across BC included: Science World, BC Place Stadium, Canada Place Sails, Spirit of the Sails Kelowna, BC Legislature in Victoria, and many more!

In partnership with



# Cerebral Palsy Awareness Project on Vancouver Island

CPABC launched 3 Resource Guides for families and children with cerebral palsy and complex needs.



## A great collaborative success!

The guides have been a collaborative effort of over 70 service providers, families, and youth with lived experience across Vancouver Island. The guides are strength focussed and culturally relevant, integrating and drawing on local indigenous knowledge. The guides will help families create their own supportive networks, which in turn will help them thrive. It is our intention to use our work on the Island as a pilot to scale (similar resources) across the province.

In Partnership with

**children's**  
HEALTH FOUNDATION  
OF VANCOUVER ISLAND

Belonging Matters Framework

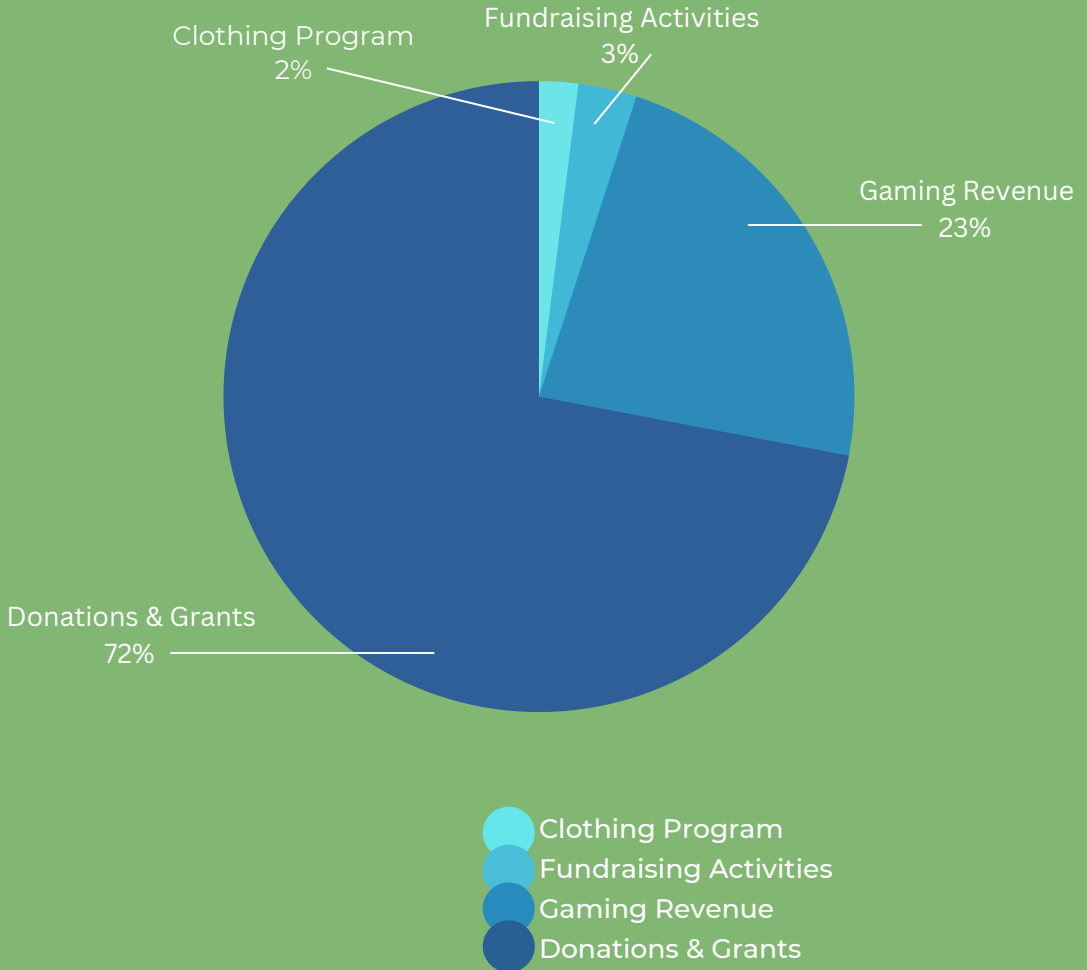


INTERCULTURAL STRATEGIES  
ENGAGE DIVERSITY. UNLEASH DORMANT TALENTS



# Financial Report

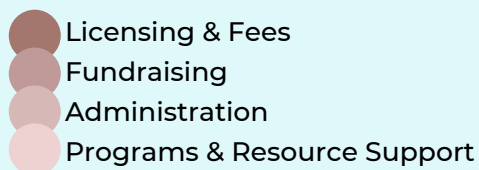
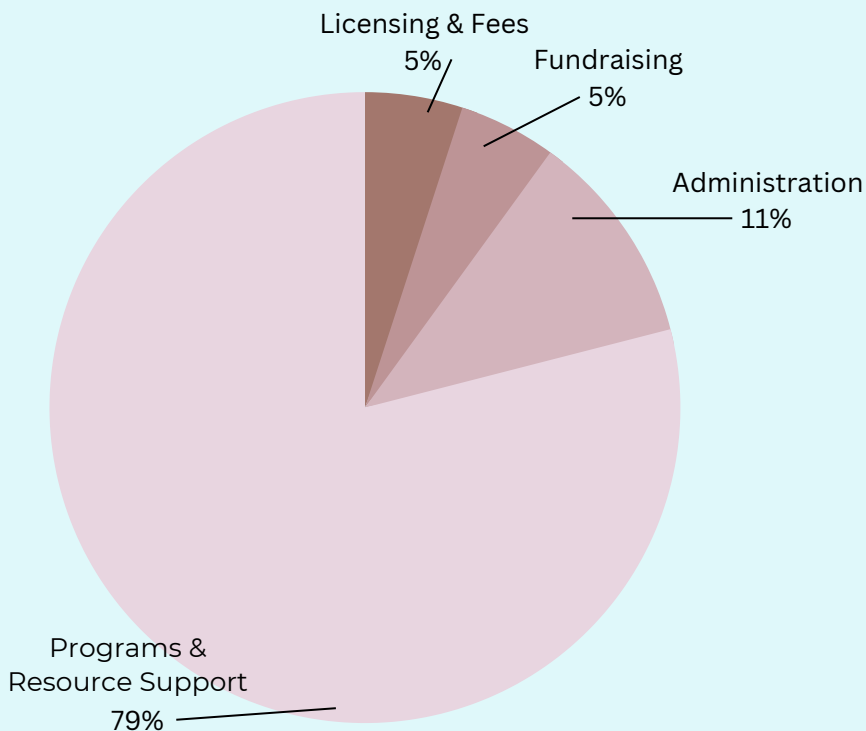
## Revenues



TOTAL AMOUNT: \$427,264.

# Financial Report

## Expenses



TOTAL AMOUNT: \$427,264.

# Volunteers & Partnership Organizations

## Volunteers

A special thank you to all the volunteers that have helped us throughout the year on membership engagement, events and programs including Dance, Movement therapy, Yoga, Social Nights, Boat for Hope (Variety - The Children's Charity), TMX Golf tournament, and Kinsmen Foundation golf tournament

## Partner Organizations



We acknowledge the financial support of the Province of British Columbia.



Funded in part by the Government of Canada's New Horizons for Seniors Program.

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